



# Apple A Day Cafe



## Gagnon Cardiovascular Institute



### Breakfast Sandwiches

Turkey Sausage, Egg White, Cheddar Cheese on a Whole Grain English Muffin.....	\$4.59
Sausage, Scrambled Egg, Cheddar Cheese on an English Muffin.....	\$4.59
Turkey Bacon, Egg White, Swiss Cheese on a Bagel .....	\$4.59
Bacon, Scrambled Egg, Cheddar Cheese on a Bagel .....	\$4.59
Garden Vegetable Egg White, Cheddar Cheese on a Whole Grain English Muffin.....	\$4.59

### Oatmeal

Apple Walnut .....	\$3.99
Berry Multigrain .....	\$3.99

### Yogurt Parfaits

Strawberry.....	\$4.99
Blueberry.....	\$4.99

### Soups

	<b>Small / Large</b>
Gourmet Soup.....	\$3.99 / \$5.49

*Includes choice of an apple or a dinner roll*

### Salads

Cobb Salad .....	\$8.99
Chicken Caesar Salad .....	\$8.99
Southwestern Chicken Salad.....	\$8.99
Spinach Salad .....	\$8.99
Garden Salad .....	\$7.99

*(includes salad dressing, additional packets \$0.29 each)*

### Sandwiches

Asiago Turkey on Plain Baguette .....	\$8.49
Chicken Bahn Mi on Multigrain Hero.....	\$8.49
Club Sandwich on Rye .....	\$7.99
Black Forest Ham & Muenster on Multigrain Roll.....	\$7.99
Italian Combo on Semolina Baguette.....	\$7.99
Roast Beef & Cheddar on Pretzel Roll.....	\$8.99
Tomato, Basil & Mozzarella on Ciabatta.....	\$7.99
Chicken Salad on Multigrain .....	\$7.49
Tuna Salad on Multigrain .....	\$7.49
Egg Salad on Pumpnickel.....	\$7.49
Grilled Cheese on Whole Grain .....	\$5.99

### Wraps

Buffalo Chicken on Tomato Wrap .....	\$7.99
Chicken Caesar on Garlic Pesto Wrap.....	\$7.99
BBQ Chicken on Roasted Red Pepper Wrap.....	\$7.99
Turkey Club on Plain Wrap .....	\$7.99
Grilled Vegetable on Spinach Wrap.....	\$7.99

### Sides

Pasta Pesto .....	\$5.99
Tortellini Salad .....	\$5.99

### Snack Packs

Fruit and Cheese .....	\$6.99
Chicken Salad .....	\$6.99

### Bites

Ham & Swiss.....	\$6.99
Turkey & Smoked Gouda .....	\$6.99
Tomato & Mozzarella.....	\$6.99

### Pastries

Fresh Bagels .....	\$1.29
Bagel with Cream Cheese or Butter.....	\$1.59
Jumbo Yogurt Muffins .....	\$2.79
Scones.....	\$2.79
Loaf Cakes.....	\$2.79
Croissant.....	\$2.79
Chocolate Croissant .....	\$2.99
Glazed Doughnut .....	\$1.79
Brownies .....	\$2.49
Crumb Cake.....	\$2.49
Cookies.....	\$2.49
Danish.....	\$2.79

### Snacks

Apples.....	\$ .99
Bananas .....	\$ .99
Mixed Fruit Cup.....	\$4.49
Carrots, Celery & Dip Cup .....	\$4.49
Hummus & Pita Cup.....	\$4.49
Hard Boiled Eggs 2 ct .....	\$1.79
Chobani Yogurt .....	\$3.49
Indiana Fit Popcorn .....	\$1.39
Food Should Taste Good Tortilla Chips .....	\$1.99
Pop Chips .....	\$1.79
Kettle Chips.....	\$1.99
Orchard Valley Snacks.....	\$3.29
Kind Bars .....	\$2.49
Sabra Hummus .....	\$4.29
Dark Chocolate Caramel Almond Delight .....	\$4.79
Dark Chocolate Mini Graham Crackers.....	\$4.79
Milk Chocolate Pretzel Poppers.....	\$3.59
Dark Chocolate Espresso Beans .....	\$3.59
Walkers Shortbread Cookies .....	\$1.79

### Specialty Bottled Beverages

Natalie's Lemonade.....	\$3.29
Natalie's Strawberry Lemonade.....	\$3.29
Natalie's Gourmet Juice .....	\$3.99
Izze.....	\$3.29
Neuro .....	\$3.99
Sweet Leaf Iced Tea.....	\$2.79
Owater .....	\$2.79
Polar Seltzer .....	\$1.99
Polar Sparkling Frost .....	\$2.19



### Coffee

	<b>Tall / Grande / Venti</b>
Fresh Brewed.....	\$1.65 / \$1.85 / \$2.25
Caffe Misto .....	\$1.90 / \$2.15 / \$2.85
Iced Coffee.....	\$2.15 / \$2.65 / \$3.20

### Tea

	<b>Tall / Grande / Venti</b>
Hot Brewed Tea .....	\$1.65 / \$1.95 / \$2.35
Iced Brewed Tea .....	\$1.65 / \$2.35 / \$2.90
Iced Tea with Lemonade .....	\$2.80 / \$3.20 / \$3.90
Chai Latte.....	\$3.45 / \$4.00 / \$4.30

### Espresso

	<b>Tall / Grande / Venti</b>
Caffe Americano .....	\$2.35 / \$2.80 / \$3.25
Caffe Latte.....	\$3.20 / \$4.00 / \$4.30
Cappuccino.....	\$3.20 / \$4.00 / \$4.30
Vanilla Latte.....	\$3.80 / \$4.55 / \$4.85
Caffe Mocha.....	\$3.80 / \$4.55 / \$4.85
Caramel Macchiato .....	\$3.95 / \$4.75 / \$5.40
White Chocolate Mocha .....	\$3.95 / \$4.75 / \$5.40

	<b>Single / Double</b>
Espresso .....	\$1.95 / \$2.25
Espresso Con Panna.....	\$2.25 / \$2.35
Espresso Macchiato .....	\$2.25 / \$2.35

### Other Beverages

	<b>Tall / Grande / Venti</b>
Hot Chocolate .....	\$3.00 / \$3.55 / \$3.80
White Hot Chocolate .....	\$3.00 / \$3.55 / \$3.80
Steamer .....	\$3.00 / \$3.55 / \$3.80

### Blended Beverages

	<b>Grande</b>
Coffee Frappuccino .....	\$4.85
Caramel Frappuccino .....	\$4.85
Mocha Frappuccino.....	\$4.85
Vanilla Bean Frappuccino .....	\$4.85
Strawberries and Creme Frappuccino.....	\$4.85
Mango Smoothie.....	\$4.65



### Catering Menu

<b>Sandwich Platter</b>	
Small (8-10 people) .....	\$99
Large (12-15 people).....	\$149

<b>Wrap Platter</b>	
Small (8-10 people) .....	\$99
Large (12-15 people).....	\$149

<b>Cookie/Brownie Platter</b>	
Small (8-10 people) .....	\$39
Large (12-15 people).....	\$69

<b>Coffee Traveler</b>	
96 oz. Box of Coffee.....	\$11.99

*Larger servings of coffee available. Size & price available upon request.*

*Please provide 48 hour notice on all catering orders.*